



**“I may have gotten you, HIV. But you will never, ever get the best of me.”**

**Sharmain – Memphis, TN**

Living with HIV since 1990.

I was diagnosed with HIV when I was just 4 months old. I do everything in my power to take good care of my health and keep from passing the virus on to my baby. The best chance of my son being born without HIV is for me to take my medicine every day. He's my motivation. Being in care and staying on treatment means my baby has a 99% chance of being born HIV-free.

**Get in care. Stay in care. Live well.**



# HIV TREATMENT WORKS

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